



## How does Premeno® duo work?

The active substances of Premeno® duo vaginal ovules, hyaluronic acid and lactic acid, are biocompatible substances and therefore have a very low risk of side effects.

For further information, visit [www.premeno.de](http://www.premeno.de)

### Ingredients:

Sodium hyaluronate, lactic acid, sodium lactate

### Manufacturer:

DeltaMed GmbH  
Raiffeisenstr. 8a  
61169 Friedberg / Germany

### Distribution:

  
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### Indications:

For the treatment of vaginal dryness caused e.g. by stress, breast feeding, the menopause, and after chemotherapy

### Contents:

10 vaginal ovules  
Available in drugstores and pharmacies

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## Premeno® duo – simple to use

Application of 1x daily to 1x every 3rd day has proven to be effective for the treatment and prevention of dry vaginal epithelium.

The pessary is simple to insert into the vagina. It is inserted with a finger as deep as possible into the vagina where it melts completely within a few minutes.

In vaginal dryness e.g. as a result of oestrogen deficiency during or after the menopause:

Initial therapy: Insert one ovules in the evening before bedtime over a period of 10 consecutive days.

Maintenance therapy: For a lasting effect you should insert, after the initial therapy, one ovules every 3rd day, for as long as you feel this is desirable.



# Premeno® duo

## Ovules for vaginal dryness



[www.premeno.de](http://www.premeno.de)



## Features of Premeno® duo vaginal pessaries

- hormone free
- preservative free
- well tolerated
- revitalises the vaginal walls
- improves vaginal moisture balance
- speeds up healing e.g. of small tears
- works in a short term
- colourless and odourless
- simple to use

## Many women don't like to talk about this subject

Vaginal dryness can be caused by various factors:

- hormonal changes e.g. while breast feeding
- in the menopause – e.g. in women who are not taking hormones
- in stress caused by various factors
- side effects of chemotherapy

Vaginal dryness can be very unpleasant in everyday life. It causes irritation and pain and even small tears (fissures).

This can result in itching and inflammation. The use of **Premeno® duo** can reduce these symptoms which are caused by vaginal dryness.

**Premeno® duo** vaginal ovules restore vaginal moisture and provide rapid relief. Women in the menopause who are not willing to take hormones can effectively combat the changes in the vaginal skin in this phase of life with **Premeno® duo** pessaries.

## Premeno® duo is effective in vaginal dryness – in two ways!

**Lack of oestrogen** can cause levels of hyaluronic acid in the vaginal skin to fall, which reduces moisture, elasticity and the stability of the tissue.

- **Hyaluronic acid:** This is mainly responsible for the moisture and elasticity of the skin (mucous membranes). It also plays a vital part in healing processes and tissue repair. Recent studies also show that it inhibits the growth of *Candida albicans* – the most common cause of vaginal mycosis (fungal infection of the vagina).
- **The combination lactic acid/sodium lactate:** Numerous factors, including lack of oestrogen or bleeding can have a negative effect on the naturally acid vaginal environment. This can cause an overgrowth of harmful bacteria or germs.

The lactic acid/sodium lactate combination restores the vaginal-pH to the natural level of 3.8 to 4.5 and thus ensures that the risk of infection is reduced.